

**Contribution and Out-of-Pocket Limits
for Health Savings Accounts and High-Deductible Health Plans**

	2020	2019	Change
HSA contribution limit (employer + employee)	Self-only: \$3,550 Family: \$7,100	Self-only: \$3,500 Family: \$7,000	Self-only: +\$50 Family: +\$100
HSA catch-up contributions (age 55 or older)	\$1,000	\$1,000	No change
HDHP minimum deductibles	Self-only: \$1,400 Family: \$2,800	Self-only: \$1,350 Family: \$2,700	Self- only: +\$50 Family: +100
HDHP maximum out-of-pocket amounts (deductibles, co-payments and other amounts, but not premiums)	Self-only: \$6,900 Family: \$13,800	Self-only: \$6,750 Family: \$13,500	Self-only: +\$150 Family: +\$300

Source: IRS, Revenue Procedure 2019-25.