

**Contribution and Out-of-Pocket Limits  
for Health Savings Accounts and High-Deductible Health Plans**

	2019	2018	Change
<b>HSA contribution limit</b> (employer + employee)	Self-only: \$3,500	Self-only: \$3,450	Self-only: + \$50
	Family: \$7,000	Family: \$6,900	Family: + \$100
<b>HSA catch-up contributions</b> (age 55 or older)*	\$1,000	\$1,000	No change**
<b>HDHP minimum deductibles</b>	Self-only: \$1,350	Self-only: \$1,350	No change
	Family: \$2,700	Family: \$2,700	
<b>HDHP maximum out-of-pocket amounts</b> (deductibles, co-payments and other amounts, but not premiums)	Self-only: \$6,750	Self-only: \$6,650	Self-only: + \$100
	Family: \$13,500	Family: \$13,300	Family: + \$200

\* Catch-up contributions can be made during the year by HSA-eligible participants who will turn 55 by year-end.

\*\* Unlike other limits, the HSA catch-up contribution amount is not indexed; any increase would require statutory change.

Contributions for a given year may be made until the individual's federal tax return due date for that year, without extensions, in which case the HSA administrator must indicate that post-year end contributions are attributed to the prior calendar year.